

**Start Smart Learning Center**  
**Weekly Menu**  
**Week of August 31, 2009**

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b>Fluid Milk</b>	White milk (2%)	White milk (2%)	White milk (2%)	White milk (2%)	White milk (2%)
	<b>Fruit, Vegetable or Full Strength Juice</b>	Grapes	Strawberries		Apple sauce	Banana
	<b>Bread or Bread Alternate(s)</b>	Cinnamon toast	Waffles	Toast	Poptarts	Cereal
	<b>*Additional Food (Optional)</b>			Grits		
<b>Lunch</b>	<b>Fluid Milk</b>	White milk (2%)	White milk (2%)	White milk (2%)	White milk (2%)	White milk (2%)
	<b>Meat or Meat Alternate</b>	Meatloaf	Ravioli	Chicken nuggets	Chicken & Noodles	Hotdogs
	<b>Vegetable or Fruit</b>	Mashed potatoes	Sweet peas	Green beans	Field peas	Fruit cocktail
	<b>Vegetable of Fruit</b>	Corn	Pears	Peaches	Lima beans	
	<b>Bread or Bread Alternate</b>					Chips
	<b>*Additional Food (Optional)</b>					
<b>Snack</b>	<b>Choose 2 of these 4: Fluid Milk</b>		White milk (2%)		White milk (2%)	
	<b>Fruit, Vegetable or Full Strength Juice</b>	Juice		Juice		Juice
	<b>Bread or Bread Alternate</b>	Pretzels	Crackers	Pudding	Cookies	Yogurt
	<b>Meat or Meat Alternate</b>					

\*\*Menu subject to change without prior notification\*\*